Pembrolizumab versus Ipilimumab in Advanced Melanoma

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ABSTRACT

BACKGROUND

The immune checkpoint inhibitor ipilimumab is the standard-of-care treatment for patients with advanced melanoma. Pembrolizumab inhibits the programmed cell death 1 (PD-1) immune checkpoint and has antitumor activity in patients with advanced melanoma.

METHODS

In this randomized, controlled, phase 3 study, we assigned 834 patients with advanced melanoma in a 1:1:1 ratio to receive pembrolizumab (at a dose of 10 mg per kilogram of body weight) every 2 weeks or every 3 weeks or four doses of ipilimumab (at 3 mg per kilogram) every 3 weeks. Primary end points were progression-free and overall survival.

RESULTS

The estimated 6-month progression-free-survival rates were 47.3% for pembrolizumab every 2 weeks, 46.4% for pembrolizumab every 3 weeks, and 26.5% for ipilimumab (hazard ratio for disease progression, 0.58; P<0.001 for both pembrolizumab regimens versus ipilimumab; 95% confidence intervals [CIs], 0.46 to 0.72 and 0.47 to 0.72, respectively). Estimated 12-month survival rates were 74.1%, 68.4%, and 58.2%, respectively (hazard ratio for death for pembrolizumab every 2 weeks, 0.63; 95% CI, 0.47 to 0.83; P=0.0005; hazard ratio for pembrolizumab every 3 weeks, 0.69; 95% CI, 0.52 to 0.90; P=0.0036). The response rate was improved with pembrolizumab administered every 2 weeks (33.7%) and every 3 weeks (32.9%), as compared with ipilimumab (11.9%) (P<0.001 for both comparisons). Responses were ongoing in 89.4%, 96.7%, and 87.9% of patients, respectively, after a median follow-up of 7.9 months. Efficacy was similar in the two pembrolizumab groups. Rates of treatment-related adverse events of grade 3 to 5 severity were lower in the pembrolizumab groups (13.3% and 10.1%) than in the ipilimumab group (19.9%).

CONCLUSIONS

The anti–PD-1 antibody pembrolizumab prolonged progression-free survival and overall survival and had less high-grade toxicity than did ipilimumab in patients with advanced melanoma. (Funded by Merck Sharp & Dohme; KEYNOTE-006 ClinicalTrials .gov number, NCT01866319.)

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TWO THERAPEUTIC STRATEGIES HAVE improved survival for patients with advanced melanoma in recent years: immunotherapy with checkpoint inhibitors and targeted therapies blocking BRAF and MEK.[1] BRAF and MEK inhibitors are indicated for the approximately 40 to 50% of patients with *BRAF* V600 mutations,[1] whereas immunotherapies are effective independently of *BRAF* mutational status.[2] Ipilimumab, which blocks cytotoxic T-lymphocyte–associated protein 4 (CTLA-4), a coinhibitory molecule of the immune system,[3,4] is approved for treating advanced melanoma on the basis of its survival benefit.[5,6] However, grade 3 or 4 adverse events, mostly immune-related,[7] are observed in 23% of patients.[5,6]

When activated T cells reach tumors, they can then be functionally inactivated by engagement of programmed cell death 1 (PD-1) with its ligand PD-L1, which is expressed in peripheral tissues and cancers.[4,8,9] Therefore, PD-1 functions as a checkpoint of the effector stage of the immune system, which is distinct from the role of CTLA-4 in limiting T-cell activation.[10] Two monoclonal antibodies directed against PD-1, pembrolizumab and nivolumab, have shown clinical efficacy in patients with melanoma.[11-17] Pembrolizumab was first evaluated in the large, phase 1 KEYNOTE-001 study.[11-13] In a pooled analysis of 411 patients with advanced melanoma enrolled in KEYNOTE-001 and after a median follow-up duration of 18 months, the response rate was 34%, the response was maintained in 81% of those patients, and median overall survival was 25.9 months.[12] The KEYNOTE-002 study of pembrolizumab versus chemotherapy confirmed the benefit of pembrolizumab in patients who had disease progression during or after ipilimumab therapy.[14] Pembrolizumab was associated with toxic effects (mainly immune-related events) of grade 3 or 4 severity in 14% of patients.[12]

The anti–PD-1 monoclonal antibodies pembrolizumab and nivolumab are approved in the United States for use in patients who had disease progression after receiving ipilimumab and, in those with the *BRAF* V600 mutation, BRAF-targeted therapy. In this international, randomized, open-label phase 3 study of pembrolizumab versus ipilimumab, called KEYNOTE-006, we compared PD-1 inhibition with CTLA-4 blockade in a controlled, randomized trial involving patients with advanced melanoma.

METHODS

PATIENTS

Patients who were 18 years of age or older were eligible for enrollment if they had histologically confirmed, unresectable stage III or IV melanoma and had received no more than one previous systemic therapy for advanced disease. Known *BRAF* V600 mutational status was required; previous BRAF inhibitor therapy was not required for patients with normal lactate dehydrogenase levels and no clinically significant tumor-related symptoms or evidence of rapidly progressive disease. Other key eligibility criteria included an Eastern Cooperative Oncology Group (ECOG) performance status of 0 or 1 (on a 5-point scale, with higher scores indicating greater disability) and provision of a tumor sample adequate for assessing PD-L1 expression. Excluded from the study were patients who had received previous therapy with CTLA-4, PD-1, or PD-L1 inhibitors and those who had ocular melanoma, active brain metastases, or a history of serious autoimmune disease.

STUDY DESIGN AND TREATMENT

Patients were randomly assigned in a 1:1:1 ratio to receive pembrolizumab at a dose of 10 mg per kilogram of body weight either every 2 weeks or every 3 weeks or four cycles of ipilimumab at a dose of 3 mg per kilogram every 3 weeks. Randomization was stratified according to ECOG performance status (0 versus 1), line of therapy (first versus second), and PD-L1 expression (positive versus negative).

Pembrolizumab was administered intravenously during a 30-minute period and continued until disease progression, the onset of unacceptable side effects, an investigator's decision to discontinue treatment, withdrawal of patient consent, or 24 months of therapy. Patients with confirmed complete response who received pembrolizumab for at least 6 months could discontinue therapy after receiving at least two doses beyond the determination of complete response. Ipilimumab was administered intravenously during a 90-minute period and continued for four cycles or until disease progression, the onset of unacceptable side effects, an investigator's decision to discontinue treatment, or withdrawal of patient consent. After initial evidence of radiologic progression, patients whose condition was clinically stable could continue to receive study treatment until imaging

that was performed approximately 4 weeks later confirmed progression. (Details regarding the management of treatment decisions are provided in the protocol, available with the full text of this article at NEJM.org.)

STUDY ASSESSMENTS

PD-L1 status was assessed in archival or newly obtained tumor samples by means of immunohistochemical analysis with the use of the 22C3 antibody (Merck) at a central laboratory before randomization. Positivity was defined as membranous PD-L1 staining in at least 1% of tumor cells. Response was assessed at week 12 and every 6 weeks thereafter according to Response Evaluation Criteria in Solid Tumors (RECIST), version 1.1,[18] on the basis of central radiologic review and immune-related response criteria[19] by investigator review. RECIST was used for the primary assessment of efficacy, whereas immune-related response criteria were used for managing treatment. Survival was assessed every 3 months after the discontinuation of a study drug. Adverse events, laboratory values, and vital signs were assessed regularly and graded according to the National Cancer Institute Common Terminology Criteria for Adverse Events, version 4.0.

END POINTS

Primary end points were progression-free survival (defined as the time from randomization to documented disease progression according to RECIST or death from any cause) and overall survival (defined as the time from randomization to death from any cause). Secondary end points included the objective response rate (defined as the percentage of patients with complete or partial response according to RECIST), the duration of response (defined as the time from the first documented response to radiologic progression according to RECIST), and safety. Efficacy was assessed in the intention-to-treat population, with all patients included in the treatment group to which they were randomly assigned. Safety was assessed in the as-treated population, which was defined as all patients who underwent randomization and who received at least one dose of a study drug.

STUDY OVERSIGHT

The original protocol and all amendments were approved by the relevant institutional review board or independent ethics committee at each study center. The study was conducted in accordance with the protocol, Good Clinical Practice guidelines, and the provisions of the Declaration of Helsinki. All patients provided written informed consent.

KEYNOTE-006 was designed by representatives of the study sponsor, Merck Sharp & Dohme, a subsidiary of Merck, and the academic advisors. An external data and safety monitoring committee oversaw the study. (Members of the committee are listed in the Supplementary Appendix, available at NEJM.org.) All data were collected by investigators and associated site personnel, analyzed by statisticians employed by the sponsor, and interpreted by the authors, including those from the sponsor. The corresponding and senior authors wrote the first draft of the manuscript. Assistance in manuscript preparation was provided by a science writer paid by the sponsor. All authors participated in reviewing and editing the manuscript, approved the submitted draft, had full access to the data used to write the manuscript and vouch for their accuracy, and attest that the study was conducted in accordance with the protocol.

STATISTICAL ANALYSIS

We used the Kaplan–Meier method to calculate estimates of progression-free and overall survival. Data for patients who did not have disease progression or who were lost to follow-up were censored at the time of last tumor assessment for progression-free survival. Treatment differences for progression-free and overall survival were assessed by means of the stratified log-rank test. Hazard ratios and associated 95% confidence intervals were assessed with the use of a stratified Cox proportional-hazards model with Efron's method of handling ties. We compared response rates in the study groups using the stratified Miettinen and Nurminen method.

The protocol specified the performance of two interim analyses (as summarized in Table S1 in the Supplementary Appendix). The first analysis was to be performed after at least 260 patients had disease progression or died in all study groups and all patients had been followed for at least 6 months. The primary objective of this analysis was to evaluate the superiority of either pembrolizumab regimen over ipilimumab for progression-free survival at a one-sided alpha level

of 0.002. At the first interim analysis, overall survival was evaluated at a one-sided alpha level of 0.00002 to have a negligible effect on the overall type I error rate to preserve the alpha level for the second interim and final analyses. The second interim analysis, in which the primary objective was to evaluate the superiority of either pembrolizumab regimen over ipilimumab for overall survival at a one-sided alpha level of 0.005 with the use of the Hochberg step-up procedure, was to be performed after at least 290 patients had died in all the study groups and all patients had been followed for at least 9 months or when the minimum follow-up duration was 12 months, whichever occurred first.

The first interim analysis, with a data cutoff of September 3, 2014, was conducted by an independent statistician who was aware of study-group assignments. After the data and safety monitoring committee reviewed the results, they recommended continuing the study as planned and unblinding the results to select representatives of the study sponsor for regulatory purposes. The second interim analysis, with a data cutoff of March 3, 2015, was conducted in an unblinded manner by a statistician employed by the sponsor. After reviewing the results of the second interim analysis, the data and safety monitoring committee recommended that the study results be unblinded and pembrolizumab be made

Table 1. Demographic and Disease Characteristics of the Patients at Baseline (Intention-to-Treat Population).*

Characteristic	Pembrolizumab Every 2 Wk (N=279)	Pembrolizumab Every 3 Wk (N=277)	Ipilimumab (N=278)
Median age (range) — yr	61 (18–89)	63 (22–89)	62 (18–88)
Male sex — no. (%)	161 (57.7)	174 (62.8)	162 (58.3)
ECOG performance status — no. (%)			
0	196 (70.3)	189 (68.2)	188 (67.6)
1	83 (29.7)	88 (31.8)	90 (32.4)
Elevated baseline LDH level — no. (%)	81 (29.0)	98 (35.4)	91 (32.7)
Metastasis stage — no. (%)†			
M0	9 (3.2)	9 (3.2)	14 (5.0)
M1‡	6 (2.2)	4 (1.4)	5 (1.8)
M1a	21 (7.5)	34 (12.3)	30 (10.8)
M1b	64 (22.9)	41 (14.8)	52 (18.7)
M1c	179 (64.2)	189 (68.2)	177 (63.7)
PD-L1–positive tumor — no. (%)	225 (80.6)	221 (79.8)	225 (80.9)
BRAF V600 mutation — no. (%)	98 (35.1)	97 (35.0)	107 (38.5)
Brain metastasis — no. (%)	23 (8.2)	27 (9.7)	28 (10.1)
Line of previous systemic therapy — no. (%)§			
0	183 (65.6)	185 (66.8)	181 (65.1)
1	96 (34.4)	91 (32.9)	97 (34.9)
Type of previous systemic therapy — no. (%)¶			
Chemotherapy	36 (12.9)	41 (14.8)	29 (10.4)
Immunotherapy	8 (2.9)	7 (2.5)	12 (4.3)
BRAF or MEK inhibitor or both	50 (17.9)	45 (16.2)	56 (20.1)

* There were no significant differences among the groups. ECOG denotes Eastern Cooperative Oncology Group, LDH lactate dehydrogenase, and PD-L1 programmed cell death 1 ligand 1.
† Details regarding metastasis stages in melanoma are provided in Table S3 in the Supplementary Appendix.
‡ Further classification of the metastasis stage was not provided.
§ One patient (0.4%) in the group receiving pembrolizumab every 3 weeks had received two previous systemic therapies.
¶ Only therapy administered for advanced or metastatic disease is listed.

A Progression-free Survival

No. at Risk

Pembrolizumab, Q2W	279	231	147	98	49	7	2	0
Pembrolizumab, Q3W	277	235	133	95	53	7	1	1
Ipilimumab	278	186	88	42	18	2	0	0

B Overall Survival

No. at Risk

Pembrolizumab, Q2W	279	266	248	233	219	212	177	67	19	0
Pembrolizumab, Q3W	277	266	251	238	215	202	158	71	18	0
Ipilimumab	278	242	212	188	169	157	117	51	17	0

Figure 1. Kaplan–Meier Estimates of Progression-free and Overall Survival.

Shown are rates of progression-free survival as of September 3, 2014 (Panel A), and overall survival as of March 3, 2015 (Panel B), in the intention-to-treat population among patients receiving pembrolizumab every 2 weeks (Q2W) or every 3 weeks (Q3W) or ipilimumab.

A Progression-free Survival

Subgroup	no. of events/no. of patients	Hazard Ratio (95% CI)	
Overall	345/557		0.58 (0.46–0.72)
	345/555		0.58 (0.47–0.72)
Sex			
Male	176/323		0.55 (0.40–0.74)
	187/336		0.57 (0.42–0.77)
Female	169/234		0.62 (0.45–0.85)
	158/219		0.59 (0.43–0.83)
Age			
<65 yr	202/319		0.55 (0.41–0.73)
	203/318		0.59 (0.45–0.79)
≥65 yr	143/238		0.61 (0.43–0.86)
	142/237		0.57 (0.41–0.81)
White race	338/545		0.57 (0.46–0.71)
	338/543		0.58 (0.47–0.72)
Region			
United States	53/114		0.46 (0.26–0.83)
	52/111		0.43 (0.23–0.79)
Other	292/443		0.59 (0.47–0.75)
	293/444		0.60 (0.48–0.76)
ECOG status			
0	224/384		0.55 (0.42–0.72)
	229/377		0.62 (0.48–0.81)
1	121/173		0.63 (0.43–0.93)
	116/178		0.53 (0.36–0.78)
Line of therapy			
First	220/364		0.55 (0.42–0.72)
	217/366		0.50 (0.38–0.66)
Second	125/193		0.63 (0.44–0.90)
	128/188		0.80 (0.56–1.14)
PD-L1 status			
Positive	272/450		0.53 (0.41–0.67)
	268/446		0.52 (0.40–0.66)
Negative	66/96		0.67 (0.41–1.11)
	74/101		0.76 (0.47–1.24)
BRAF status			
Wild-type	213/347		0.58 (0.44–0.76)
	208/348		0.57 (0.43–0.75)
Mutant, anti-BRAF	65/95		0.58 (0.34–0.97)
	71/96		0.87 (0.53–1.40)
Mutant, no anti-BRAF	64/110		0.54 (0.32–0.91)
	65/108		0.44 (0.26–0.75)
No previous immunotherapy	333/537		0.58 (0.46–0.72)
	333/536		0.57 (0.46–0.72)

Pembrolizumab Better — Ipilimumab Better (0.1 — 1.0 — 10.0)

B Overall Survival

Subgroup	no. of events/no. of patients	Hazard Ratio (95% CI)	
Overall	197/557		0.63 (0.47–0.83)
	204/555		0.69 (0.52–0.90)
Sex			
Male	105/323		0.57 (0.39–0.84)
	117/336		0.66 (0.45–0.95)
Female	92/234		0.69 (0.46–1.04)
	87/219		0.78 (0.51–1.21)
Age			
<65 yr	108/319		0.65 (0.44–0.95)
	112/318		0.77 (0.53–1.12)
≥65 yr	89/238		0.56 (0.36–0.87)
	92/237		0.66 (0.44–1.01)
White race	194/545		0.62 (0.46–0.82)
	202/543		0.69 (0.52–0.91)
Region			
United States	20/114		0.49 (0.19–1.26)
	21/111		0.55 (0.22–1.39)
Other	177/443		0.62 (0.46–0.84)
	183/444		0.65 (0.49–0.88)
ECOG status			
0	111/384		0.55 (0.37–0.80)
	120/377		0.75 (0.52–1.07)
1	86/173		0.71 (0.46–1.09)
	84/178		0.60 (0.39–0.94)
Line of therapy			
First	121/364		0.58 (0.41–0.84)
	127/366		0.68 (0.47–0.96)
Second	76/193		0.62 (0.40–0.98)
	77/188		0.69 (0.44–1.09)
PD-L1 status			
Positive	151/450		0.55 (0.40–0.76)
	154/446		0.58 (0.42–0.79)
Negative	43/96		0.91 (0.49–1.69)
	47/101		1.02 (0.56–1.85)
BRAF status			
Wild-type	132/347		0.57 (0.40–0.80)
	138/348		0.66 (0.47–0.92)
Mutant, anti-BRAF	42/95		0.67 (0.36–1.25)
	43/96		0.84 (0.46–1.54)
Mutant, no anti-BRAF	22/110		0.71 (0.27–1.88)
	22/108		0.71 (0.30–1.67)
No previous immunotherapy	193/537		0.62 (0.47–0.83)
	198/536		0.67 (0.50–0.88)

Pembrolizumab Better — Ipilimumab Better (0.1 — 1.0 — 10.0)
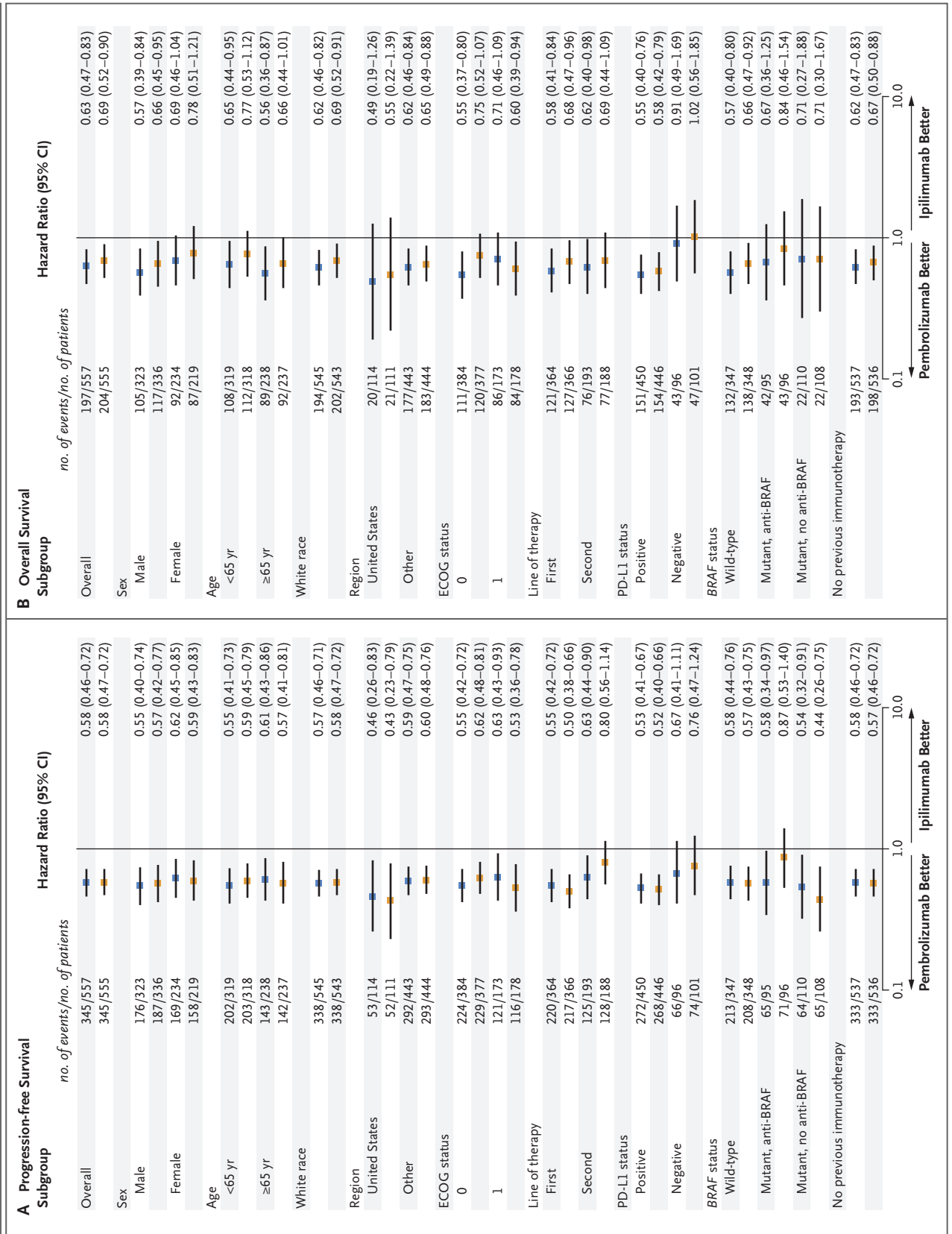
Figure 2 (facing page). Prespecified Subgroup Analysis of Progression-free and Overall Survival, According to Pembrolizumab Regimen.

Shown are hazard ratios for progression-free survival as of September 3, 2014 (Panel A), and overall survival as of March 3, 2015 (Panel B), among patients receiving pembrolizumab every 2 weeks (blue squares) or every 3 weeks (orange squares) versus ipilimumab. ECOG denotes Eastern Cooperative Oncology Group, and PD-L1 programmed cell death 1 ligand 1.

available to patients with disease progression in the ipilimumab group. Final overall survival analysis will be performed after at least 435 deaths have occurred in all the study groups or when all patients have been followed for at least 21 months. All data presented here are from the first interim analysis, except those for overall survival, which are from the second interim analysis.

RESULTS

PATIENTS AND TREATMENT

From September 18, 2013, to March 3, 2014, a total of 834 patients were enrolled in 16 countries; 279 were randomly assigned to receive pembrolizumab every 2 weeks, 277 to receive pembrolizumab every 3 weeks, and 278 to receive ipilimumab (Fig. S1 in the Supplementary Appendix). The characteristics of the patients at baseline were well balanced across the study groups (Table 1, and Table S2 in the Supplementary Appendix). Among enrolled patients, 65.8% had received no previous systemic treatment for advanced melanoma, 68.7% had an ECOG performance status of 0, 65.3% had stage M1c disease (see Table S3 in the Supplementary Appendix for characteristics of M1c disease), and 32.4% had elevated lactate dehydrogenase levels. *BRAF* V600 mutations were observed in 36.2% of patients, and of these, approximately 50% had received previous BRAF inhibitor treatment; 80.5% of patients had PD-L1–positive tissue samples. The median duration of follow-up at the time of data cutoff was 7.9 months (range, 6.1 to 11.5).

PRIMARY END POINTS

Progression-free Survival

On the basis of 502 events that were analyzed at the protocol-specified time point for the first interim analysis, the two pembrolizumab regimens

significantly prolonged progression-free survival in the intention-to-treat population. The estimated 6-month progression-free survival rates were 47.3% for patients receiving pembrolizumab every 2 weeks, 46.4% for those receiving pembrolizumab every 3 weeks, and 26.5% for those receiving ipilimumab (Fig. 1A). Median estimates of progression-free survival were 5.5 months (95% confidence interval [CI], 3.4 to 6.9), 4.1 months (95% CI, 2.9 to 6.9), and 2.8 months (95% CI, 2.8 to 2.9), respectively. The hazard ratios for disease progression for pembrolizumab versus ipilimumab were 0.58 (95% CI, 0.46 to 0.72; P<0.001) for the 2-week regimen and 0.58 (95% CI, 0.47 to 0.72; P<0.001) for the 3-week regimen. The benefit for progression-free survival was evident in all prespecified subgroups for the two pembrolizumab groups (Fig. 2A). The benefit of pembrolizumab over ipilimumab was observed in both PD-L1–positive and PD-L1–negative subgroups, as compared with ipilimumab.

Overall Survival

At the time of data cutoff for the second interim analysis, which was driven by a minimum follow-up duration of 12 months for all patients, 289 deaths had occurred. One-year estimates of survival were 74.1% for patients receiving pembrolizumab every 2 weeks (hazard ratio for death as compared with the ipilimumab group, 0.63; 95% CI, 0.47 to 0.83; P<0.0005), 68.4% for those receiving pembrolizumab every 3 weeks (hazard ratio for death as compared with the ipilimumab group, 0.69; 95% CI, 0.52 to 0.90; P=0.0036), and 58.2% for those receiving ipilimumab (Fig. 1B). Because the overall survival results for the two pembrolizumab groups were superior to those for the ipilimumab group at the prespecified one-sided alpha level of 0.005 using the Hochberg step-up procedure, the independent data and safety monitoring committee recommended stopping the study early to allow patients in the ipilimumab group the option of receiving pembrolizumab. Median overall survival was not reached in any study group. The pembrolizumab benefit was observed across all subgroups and for the two regimens (Fig. 2B). The exception was for the 18% of patients with PD-L1–negative tumors, for whom the hazard ratios were 0.91 for those receiving pembrolizumab every 2 weeks and 1.02 for those receiving pembrolizumab every 3 weeks, as compared with ipilimumab. In
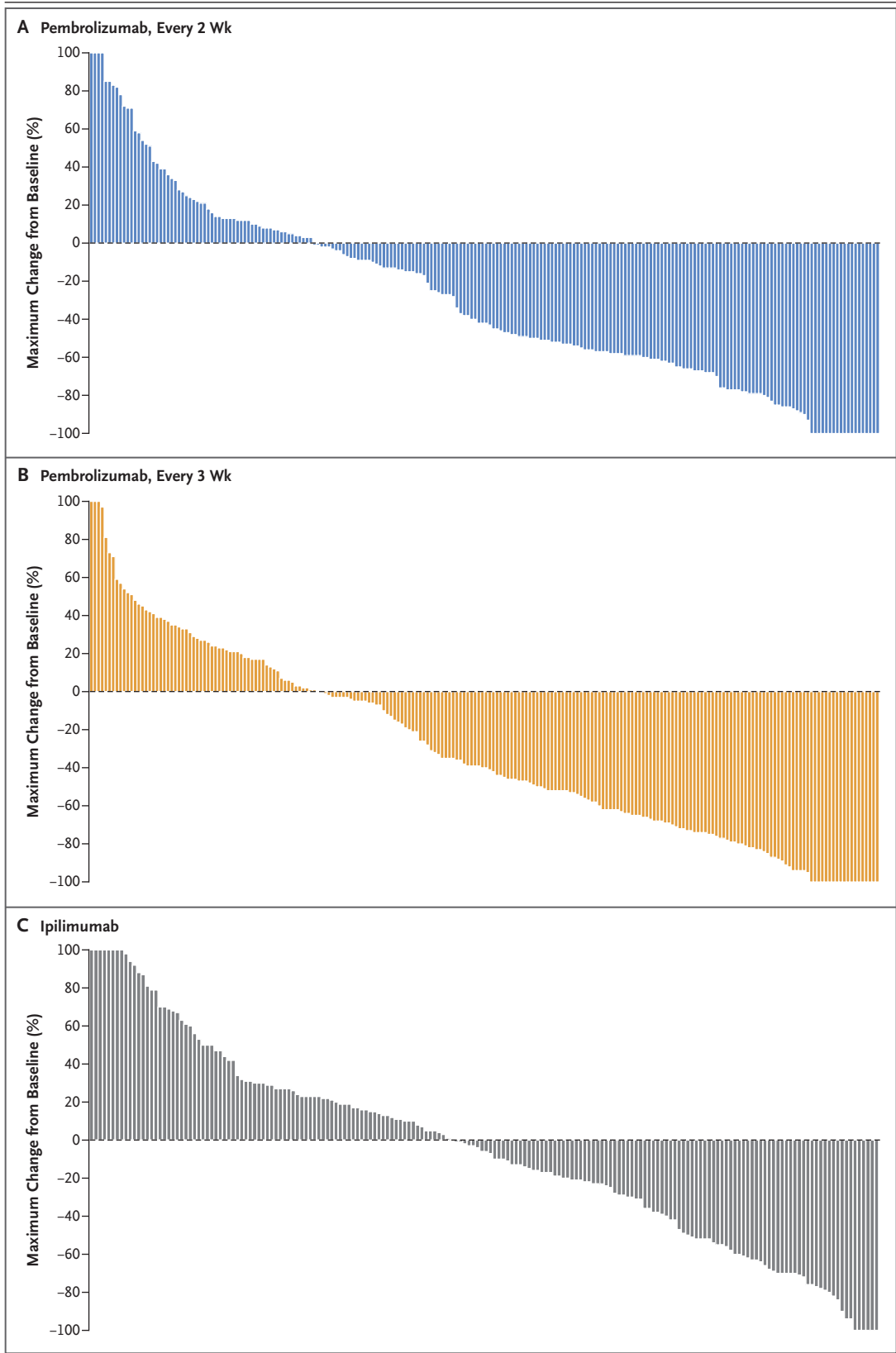
A Pembrolizumab, Every 2 Wk

B Pembrolizumab, Every 3 Wk

C Ipilimumab

Figure 3 (facing page). Maximum Percentage Change from Baseline in the Sum of the Longest Diameters of Target Lesions.

Shown are maximum changes from baseline to September 3, 2014, for all patients receiving pembrolizumab every 2 weeks (Panel A), pembrolizumab every 3 weeks (Panel B), or ipilimumab (Panel C). In all panels, patients without centrally measurable disease according to Response Evaluation Criteria in Solid Tumors at baseline or who did not have a tumor assessment after baseline were excluded. Changes of more than 100% were truncated at 100%.

this subgroup, the sample sizes were small, and the confidence intervals were wide.

RATES OF RESPONSE

Response rates were 33.7% for pembrolizumab every 2 weeks (P<0.001 vs. ipilimumab), 32.9% for pembrolizumab every 3 weeks (P<0.001), and 11.9% for ipilimumab (Table S4 in the Supplementary Appendix). Rates of complete response were 5.0%, 6.1%, and 1.4%, respectively. The median times to response were 86 days (range, 32 to 212), 85 days (range, 36 to 251), and 87 days (range, 80 to 250), respectively; and 89.4%, 96.7%, and 87.9% of responses, respectively, were ongoing at the time of this analysis, with the median duration of response not reached in any group (Table S4 in the Supplementary Appendix). The evaluation of the maximum change in tumor size that was conducted at the time of the first interim analysis supports the superiority of the two pembrolizumab regimens over ipilimumab (Fig. 3).

ADVERSE EVENTS

The mean duration of exposure was 164 days among patients receiving pembrolizumab every 2 weeks, 151 days among those receiving pembrolizumab every 3 weeks, and 50 days for those receiving ipilimumab. Grade 3 to 5 adverse events that were attributed to a study drug by investigators occurred in 13.3%, 10.1%, and 19.9% of patients, respectively. The time until the onset of the first grade 3 to 5 adverse event, regardless of attribution, was longer in the pembrolizumab groups (Table S5 and Fig. S2 in the Supplementary Appendix). The rate of permanent discontinuation of a study drug because of treatment-related adverse events was lower in each pembrolizumab group than in the ipilimumab group (4.0%, 6.9%, and 9.4%, respectively). One death in the ipilimumab group was attributed to

study treatment. The patient had a history of type 2 diabetes mellitus and died from cardiac arrest secondary to metabolic imbalances associated with ipilimumab-induced diarrhea.

The most common treatment-related adverse events of any grade occurring in the pembrolizumab were fatigue (20.9% in the 2-week group and 19.1% in the 3-week group), diarrhea (16.9% and 14.4%, respectively), rash (14.7% and 13.4%, respectively), and pruritus (14.4% and 14.1%, respectively) (Table 2, and Table S6 in the Supplementary Appendix); all events were of grade 3 to 4 severity in less than 1% of patients, except diarrhea (2.5% and 1.1%, respectively). For ipilimumab, the most frequent adverse events were pruritus (25.4%), diarrhea (22.7%), fatigue (15.2%), and rash (14.5%); these events were of grade 3 to 5 severity in less than 1% of patients, except for diarrhea (3.1%) and fatigue (1.2%).

The adverse events of special interest on the basis of the likely autoimmune or immune-related mechanism most frequently observed with pembrolizumab were hypothyroidism (10.1% in the 2-week group and 8.7% in the 3-week group) and hyperthyroidism (6.5% and 3.2%, respectively) (Table 2). Grade 3 to 4 events that were reported in more than 1% of pembrolizumab-treated patients were colitis (1.4% and 2.5%, respectively) and hepatitis (1.1% and 1.8%, respectively). In the ipilimumab group, the most common adverse event of special interest was colitis, which occurred in 8.2% of patients. Grade 3 to 4 events that were reported in more than 1% of ipilimumab-treated patients were colitis (7.0%) and inflammation of the pituitary gland (i.e., hypophysitis) (1.6%). Hypothyroidism and hyperthyroidism were more frequent in the pembrolizumab groups, whereas colitis and hypophysitis were more frequent in the ipilimumab group.

DISCUSSION

In this randomized, controlled, phase 3 study, we found that two regimens of pembrolizumab, as compared with ipilimumab, improved both progression-free and overall survival in patients with advanced melanoma. The relative risk of progression or death was decreased by 42% with the two pembrolizumab regimens that were tested, and the relative risk of death was decreased by 31 to 37%. Because the overall survival results at the second interim analysis crossed the prespecified

Table 2. Adverse Events in the As-Treated Population.*

Adverse Event	Pembrolizumab Every 2 Wk (N=278)		Pembrolizumab Every 3 Wk (N=277)		Ipilimumab (N=256)	
	Any Grade	Grade 3–5	Any Grade	Grade 3–5	Any Grade	Grade 3–5
			number of patients (percent)			
Related to treatment*						
Any	221 (79.5)	37 (13.3)	202 (72.9)	28 (10.1)	187 (73.0)	51 (19.9)
Occurring in ≥10% of patients in any study group						
Fatigue	58 (20.9)	0	53 (19.1)	1 (0.4)	39 (15.2)	3 (1.2)
Diarrhea	47 (16.9)	7 (2.5)	40 (14.4)	3 (1.1)	58 (22.7)	8 (3.1)
Rash	41 (14.7)	0	37 (13.4)	0	37 (14.5)	2 (0.8)
Pruritus	40 (14.4)	0	39 (14.1)	0	65 (25.4)	1 (0.4)
Asthenia	32 (11.5)	1 (0.4)	31 (11.2)	0	16 (6.3)	2 (0.8)
Nausea	28 (10.1)	0	31 (11.2)	1 (0.4)	22 (8.6)	1 (0.4)
Arthralgia	26 (9.4)	0	32 (11.6)	1 (0.4)	13 (5.1)	2 (0.8)
Vitiligo	25 (9.0)	0	31 (11.2)	0	4 (1.6)	0
Adverse event of special interest†						
Hypothyroidism	28 (10.1)	1 (0.4)	24 (8.7)	0	5 (2.0)	0
Hyperthyroidism	18 (6.5)	0	9 (3.2)	0	6 (2.3)	1 (0.4)
Colitis	5 (1.8)	4 (1.4)	10 (3.6)	7 (2.5)	21 (8.2)	18 (7.0)
Hepatitis	3 (1.1)	3 (1.1)	5 (1.8)	5 (1.8)	3 (1.2)	1 (0.4)
Hypophysitis	1 (0.4)	1 (0.4)	2 (0.7)	1 (0.4)	6 (2.3)	4 (1.6)
Pneumonitis	1 (0.4)	0	5 (1.8)	1 (0.4)	1 (0.4)	1 (0.4)
Type 1 diabetes mellitus	1 (0.4)	1 (0.4)	1 (0.4)	1 (0.4)	0	0
Uveitis	1 (0.4)	0	3 (1.1)	0	0	0
Myositis	0	0	2 (0.7)	0	1 (0.4)	0
Nephritis	0	0	1 (0.4)	0	1 (0.4)	1 (0.4)

* The relationship between an adverse event and a study drug was attributed by the investigator. Events are listed in order of descending frequency in the group receiving pembrolizumab every 2 weeks, except for hypothyroidism, hyperthyroidism, and colitis, which are reported as adverse events of special interest.
† The listed adverse events of special interest include related terms and are provided regardless of attribution to a study drug. Events are listed in order of descending frequency in the group receiving pembrolizumab every 2 weeks.

efficacy boundary, the trial was stopped for efficacy and the results were unblinded. The study will continue safety and survival follow-up until the final analysis. Response rates, which significantly favored pembrolizumab, were in line with previous findings for both pembrolizumab[11-13] and ipilimumab.[5,6] Responses appeared to be durable in all groups, with ongoing responses in 93.0% of patients in the combined pembrolizumab groups and 87.8% of those in the ipilimumab group at the time of data cutoff.

There were no apparent differences in efficacy between the two pembrolizumab regimens tested in this study, neither of which is the dose that is approved in the United States (2 mg per kilogram every 3 weeks). The lack of a dose–response relationship is congruent with results of two randomized cohorts in KEYNOTE-001 and the randomized, controlled KEYNOTE-002 trial, in which the administration of pembrolizumab at doses ranging from 2 mg per kilogram every 3 weeks to 10 mg per kilogram every 2 weeks did not affect outcomes.[12-14,20]

Subgroup analyses showed that the progression-free and overall survival benefits provided by pembrolizumab extended to most subgroups

that were assessed. Similar hazard ratios were observed for progression-free and overall survival with the two pembrolizumab regimens across all patient subgroups except for overall survival in patients with PD-L1–negative melanoma, a finding that reinforces the superiority of pembrolizumab over ipilimumab and the lack of an effect for pembrolizumab according to regimen. For PD-L1 expression, the sample size was too small (less than 20% of patients) to draw a definite conclusion on relative efficacy. Several factors add complexity when interpreting correlative analyses of PD-L1 expression with efficacy.[21-23] For example, various levels of expression can be found in different melanoma metastases originating from the same patients.[24] Furthermore, additional variables, such as the presence of preexisting intratumoral CD8+ T cells and tumor mutational load, may be important components to assess the potential for anti–PD-1 therapies.[25,26]

This study did not enroll patients with *BRAF* V600 mutations who did not receive previous anti-BRAF targeted therapy if they had high lactate dehydrogenase levels and symptomatic or rapidly progressive disease, because targeted anti-BRAF agents can have a rapid clinical benefit in this population of patients.[27] The treatment of patients with *BRAF* V600 mutations and, in particular, the most effective sequence of immunotherapy and BRAF or MEK inhibitors remains one of the most critical, yet unanswered, questions. Although this question cannot be addressed without randomized, controlled trials, *BRAF* V600 status did not seem to affect the benefit of pembrolizumab over ipilimumab in this study. Other important areas of clinical investigation include the role of combination immunotherapy and the treatment of patients who have minimal disease progression or mixed responses.

The safety profile of pembrolizumab was similar to that in previous studies,[11-14,20] with no unexpected safety concerns and few grade 3 to 5 treatment-related adverse events reported to date. Although exposure to treatment was approximately 3 times as long with pembrolizumab as with ipilimumab, which may account for an increase in the cumulative number of adverse events, the incidence of grade 3 to 5 events attributed to treatment was lower with pembrolizumab than with ipilimumab, as was the incidence of permanent discontinuation for an adverse event.

In conclusion, this randomized study comparing two immune checkpoint inhibitors showed that pembrolizumab, as compared with ipilimumab, significantly prolonged progression-free and overall survival with fewer high-grade toxic events in patients with advanced melanoma.

APPENDIX

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